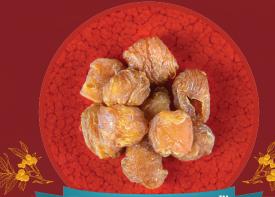






BEAUTY FROM WITHIN

- BLOOD TONIC
- REFRESHING SLEEP
- CALM ENERGY



A Must For Women ™ A Plus For Men





Longan, translated literally as "Dragon Eye", is a **delicious fruit** extremely **popular** in Asia as a snack and as an ingredient in tonic teas and formulations. It has a slightly chewy texture with a unique sweet, smoky flavor.

- **Beauty**: Longan is a famous beauty herb. It adds luster and beauty to the skin.
- **Sleep**: Promotes tranquility and has been found to promote deep, refreshing sleep.
- **Memory & Stress**: Can be used to enhance memory and steady the nerves by fortifying *Blood* and *Qi*.
- Energy: Great *Qi* tonic for building up your everyday energy. Consumed regularly, Longan boosts temporary energy as well as long term vitality, yet it is not a stimulant like caffeine. It gives you energy while simultaneously relaxing you.
- **Blood-Building**: In Chinese herbalism, there is a saying: "Women are governed by *Blood*". It reflects a fundamental concept that *Blood* plays a particularly pivotal role in women's health. It is closely linked to several critical physiological functions, including menstruation, fertility, pregnancy, childbirth, emotional well-being, and menopause. *Blood* tonics such as Longan build healthy rich blood. Everyone can benefit from *Blood* tonics, but women frequently need Blood tonics because of their hormonal and menstrual functions.

 Since blood nourishment is closely tied to the condition of the skin, *Blood* tonics are also

• **Heart Health**: Longan is traditionally used as a *Heart* tonic.

used to promote radiant and healthy skin.

Scan to learn more

Many Uses















Snack Cereal/ Yogurt



Salads I

Baked Goods

Soups

Smoothies

Teas

No sulfites • No added color • No sugar

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.