

Ron Teeguarden's
Dragon Herbs

Longan Fruit

Longan, translated literally as "Dragon Eye" fruit, is a wonderfully delicious, fleshy fruit that is extremely popular in China as a snack and as an ingredient in tonic teas and beverages.

There is a saying in Chinese herbalism that "women are governed by blood." As a result, women often benefit significantly from blood tonics. Longan is a great blood tonic, often combined with other blood tonics such as Dang Gui and Peony root to make blood-building teas and formulations.



Tasting Is
Believing
Free Sample
Available



Longan Fruit

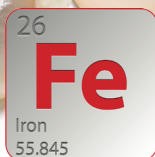
Code 698 6 oz. (170 g) & 1 oz. (28 g)

Snack Grade Dried Longan Fruit

Longan eeTee™

Code 823 2.1 oz. (60 g)

Premium eeTee Instant Granule



Longan Fruit is high in iron.

- Longan Fruit is **high in iron**.
- It is a **great Qi tonic for building up your everyday energy**. Consumed regularly, Longan boosts temporary energy as well as long term vitality, yet it is not a stimulant like caffeine. It gives you energy while simultaneously relaxing you.
- **Longan promotes tranquility**. Longan has been found to promote deep, refreshing sleep.
- It can be used to **enhance memory and steady the nerves** by fortifying Blood and Qi.
- Longan is a **famous beauty herb**. Longan adds luster and beauty to the skin.
- Longan has a 2000-year reputation as a **fantastic sex tonic for women**. For that reason, Longan is considered a MUST for women who wish to be both beautiful and sensual.
- Longan's effects are not hormonally driven. Longan is **equally beneficial to men and women**.
- Longan is believed to **directly promote heart health** by nourishing the heart tissues.



*Due to no preservatives being used, our Longan's color will darken over time. This does not impact quality or taste.



Longan Iced Tea

Bloody Mary Hot Tea

Pure and nutrition rich blood is fundamental to radiant health.



For recipes, go to: www.dragonherbs.com/dbg



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www.dragonherbs.com

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**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.